

## How to Pray Mary's Rosary

On this program I want to show you how to pray the Rosary, and I was asked to do this video by the YouTuber, who was formerly known as Megaman2160. He is constantly under attack by the Satanists on YouTube, and he now goes by other titles, but you can look him up if you want to. He also makes videos exposing the evils in our society, and he would like to learn how to pray the Rosary. I don't believe he is a Catholic, but the Rosary is not just for Catholics. And I have here a very large Rosary that was given to me, and this is mainly for demonstration purposes.



And you begin the Rosary, by making the sign of the cross. Then praying the, 'I believe in God the Father Almighty' and so on, in other words the 'Apostles Creed'. You can look up the 'Apostles Creed' yourself on the internet on exactly what words to pray. You pray that on the main crucifix which is part of the Rosary. Now the first bead, in this case, it's a rose, because this is a Rosary made out of roses, and the first bead you pray the 'Our Father', in other words the Lord's Prayer. On the next three beads, you pray 'Hail Mary's'. The 'Hail Mary' is a Biblical prayer. It was first said by God the Father to the Blessed Virgin Mary through his messenger the Archangel Gabriel. In fact it is God's love letter to Mary.

Following these three Hail Mary's, you pray a 'Glory Be'; Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end, amen, and then I add the angels prayer from Fatima; 'O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to heaven, especially those most in need of thy mercy.' And then you begin the five decades of the Rosary, and you pray according to a certain set of mysteries.

The first set of mysteries are called the Joyful Mysteries, and they include the Annunciation, the Visitation, the Nativity, the Presentation in the Temple and Jesus is lost and found again in the temple. So in the first 10 Hail Marys we will concentrate on the Annunciation; the angel Gabriel announcing to Mary that she is to be the mother of our Saviour. And you begin a decade with the 'Our Father' on this first rose or bead. The next 10 beads, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10; those 10, you pray Hail Mary's. Again you conclude the decade by saying the 'Glory Be'; Glory be to the Father, etc, then the Angels prayer, 'O my Jesus', etc., and thus you have completed the first decade of a Rosary. Then you begin a second decade. Again you pray an 'Our Father'. Then you pray 10 Hail Mary's. Those Hail Mary's, in the case of the Joyful Mysteries will be the Visitation, where Mary visits her cousin Elizabeth. Again you conclude the decade or 10 Hail Mary's with a 'Glory Be' and then the 'O my Jesus', the angels prayer.

Again you pray another decade, another 10 'Hail Mary's', beginning with the 'Our Father' and saying 10 more Hail Mary's. In the Joyful Mysteries, those would be; you would think about the nativity when Jesus was born in Bethlehem. The Rosary is a Biblical prayer and you should think about the events in the Rosary which the decade signifies.

Following the third Joyful Mystery, again you pray the 'Glory Be' the angels prayer, and then you go to the fourth mystery. In this case, the fourth mystery would be the Presentation in the Temple. You begin with an 'Our Father', as always, you say 10 Hail Mary's, on the 10 next beads. You conclude the decade, again by saying the 'Glory Be', the angels prayer, and you are now ready for the fifth decade of the Joyful Mysteries.

You pray the 'Our Father', you pray 10 more Hail Mary's, and then you conclude with the 'Glory Be', and the angels prayer. The fifth Joyful Mystery would be Jesus is lost and found again in the temple. So now you have said 50 Hail Mary's, 5 'Our Fathers', the Apostles Creed,

which began the Rosary and the intermittent prayers in between. Add at the end: 'Hail Holy Queen' prayer and the 'St Michael' prayers, and that is one complete Rosary.

You should really pray four Rosaries in a day, and each of the mysteries depict incidents in Jesus life. The second set of mysteries are the Luminous Mysteries, the third set are the Sorrowful Mysteries and finally you finish with the Glorious Mysteries. Now if you are just beginning Mega Man, I would advise you not to pray the whole Rosary. This is a spiritual exercise, and just like when you exercise your body you start slowly. In fact I would say just one Hail Mary the first day, and then maybe after a couple of days, say a decade which would be 10 Hail Mary's. Maybe by the end of the week or a couple of weeks you could try an entire Rosary and sometimes you can split up the Rosary; say a couple of decades in the morning, a couple of decades in the afternoon and so on.

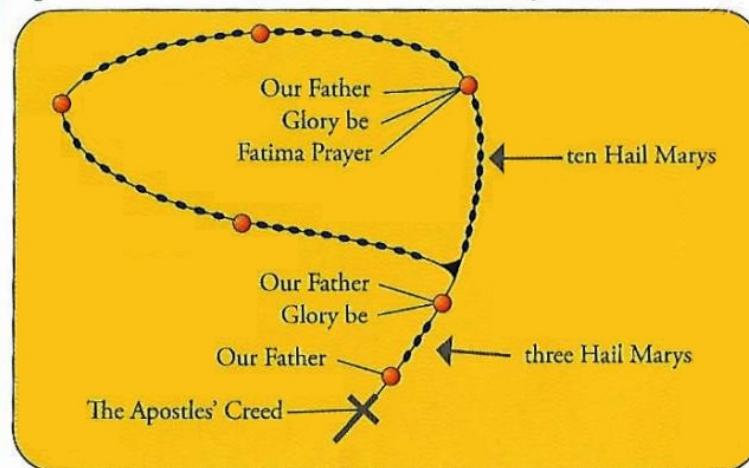
Personally I try, I don't always succeed, I try to get in all four mysteries of the Rosary. I believe the reason we have four mysteries is because that is an End Times number. For almost a thousand years there were only three mysteries, but Pope John Paul II added the fourth set or Luminous Mysteries.

So that concludes my teaching on the Rosary. I hope you found this interesting Megaman. This was for you. The Lord told me to do this video for you. So I hope you start praying the Rosary and I hope everyone in my audience does also. This is the weapon, Mary's Rosary is the weapon which will defeat the Antichrist, along with Mary's scapular.

## HOW TO PRAY THE ROSARY

The Rosary is made up of “decades”. A decade is one “Our Father” followed by ten “Hail Marys” and a “Glory Be”. Whilst it is usual to say five decades at a time, it is better to say one decade well, rather than five decades badly.

Begin with the sign of the cross. Pray the “Apostles Creed” holding the crucifix and continue on the straight piece of the Rosary with one Our Father, three Hail Marys and a Glory Be as shown in the picture. Then to start the first decade, pray one Our Father. Moving onto the circular piece of the Rosary, continue with ten Hail Marys and finish the first decade with one Glory Be and the “Fatima Prayer”. By saying five decades of the Rosary, you will complete one full circuit of the beads. To finish after completing your chosen number of decades, pray the “Hail Holy Queen”. The prayer to “St Michael Archangel” and the “Memorare” are very powerful extra prayers. As you say each decade, think about a story in the life of Mary & Jesus. There are twenty stories to think about. Each story is called a “Mystery”. On the next pages you will be able to follow the five “Joyful” mysteries, the “Mysteries of Light”, the five “Sorrowful” and five “Glorious Mysteries”.



## PRAYERS OF THE ROSARY

### THE SIGN OF THE CROSS

In the name of the Father and of the Son,  
and of the Holy Spirit. *Amen.*

### APOSTLES' CREED

I believe in God, the Father Almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; He descended into hell.

On the third day He rose again from the dead; He ascended into heaven, and is seated at the right hand of God the Father Almighty; from there he will come to judge the living and the dead.

I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. *Amen.*

### OUR FATHER

Our Father, Who art in heaven; Hallowed be Thy Name; Thy kingdom come, Thy will be done, on earth as it is in heaven.

Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. *Amen.*

### HAIL MARY

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. *Amen.*

### GLORY BE TO THE FATHER

Glory be to the Father, and to the Son, and to the Holy Spirit:

As it was in the beginning, is now, and ever shall be, world without end.  
*Amen.*



### THE FATIMA PRAYER

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to heaven, especially those in most need of Thy mercy.

### HAIL HOLY QUEEN

Hail, holy Queen, Mother of mercy, hail, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve: to thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious Advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus, O clement, O loving, O sweet Virgin Mary! Pray for us, O holy Mother of God, that we may be made worthy of the promises of Christ.

**Let us Pray:**

O God, whose only begotten Son, by his life, death and resurrection has purchased for us the rewards of eternal life, grant, we beseech thee, that meditating on these Mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may both imitate what they contain and obtain what they promise, through the same Christ Our Lord. *Amen.*

### PRAYER TO ST. MICHAEL

Saint Michael the Archangel, defend us in battle.

Be our protection against the wickedness and snares of the devil.

May God rebuke him, we humbly pray; and do Thou, O Prince of the Heavenly Host - by the Divine Power of God - cast into hell, satan and all the evil spirits, who roam throughout the world seeking the ruin of souls. *Amen.*

### THE MEMORARE

REMEMBER, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided. Inspired with this confidence, I fly to thee, O Virgin of virgins, my Mother; to thee do I come; before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. *Amen.*

## THE JOYFUL MYSTERIES

Day:  
Mon & Sat



1. THE ANNUNCIATION

**FRUIT OF THE MYSTERY:**  
HUMILITY

And when the angel had come to her, he said, "Hail full of grace, the Lord is with thee. Blessed art thou among women"

Luke 1: 28



2. THE VISITATION

**FRUIT OF THE MYSTERY:**  
LOVE OF NEIGHBOUR

And Elizabeth was filled with the Holy Spirit, and cried out with a loud voice saying, "Blessed art thou among women and blessed is the fruit of thy womb!"

Luke 1: 41-42



3. THE BIRTH OF JESUS

**FRUIT OF THE MYSTERY:**  
POVERTY

And she brought forth her first born son, and wrapped him in swaddling clothes, and laid him in a manger, because there was no room for them in the inn.

Luke 2: 7



4. THE PRESENTATION

**FRUIT OF THE MYSTERY:**  
OBEDIENCE

And when the days of her purification were fulfilled according to the law of Moses, they took him up to Jerusalem to present him to the Lord.

Luke 2: 22-23



5. FINDING OF THE CHILD JESUS IN THE TEMPLE

**FRUIT OF THE MYSTERY:**  
JOY IN FINDING JESUS

And it came to pass after 3 days, that they found him in the temple, sitting in the midst of the teachers, both listening to them and asking them questions.

Luke 2: 46

## THE SORROWFUL MYSTERIES

Day:  
Tues & Fri



1. THE AGONY IN THE GARDEN

**FRUIT OF THE MYSTERY:**  
SORROW FOR SIN

And his sweat became as drops of blood running down upon the ground. And rising from prayer he came to the disciples, and found them sleeping.

Luke 22: 44 45



2. THE SCOURING AT THE PILLAR

**FRUIT OF THE MYSTERY:**  
PURITY

Pilate, then, took Jesus and had him scourged.

John 19: 1



3. CROWNING WITH THORNS

**FRUIT OF THE MYSTERY:**  
COURAGE

And they stripped him and put on him a scarlet cloak; and plaiting a crown of thorns they put it on his head, and a reed into his right hand.

Matthew 27: 28-29



4. CARRYING OF THE CROSS

**FRUIT OF THE MYSTERY:**  
PATIENCE

And bearing the cross for himself, he went forth to the place called the Skull, in Hebrew, Golgotha.

Luke 23: 46



5. THE CRUCIFIXION

**FRUIT OF THE MYSTERY:**  
PERSEVERANCE

And Jesus cried out with a loud voice and said, "Father into thy hands I commend my spirit." And having said this, he expired.

Luke 23: 46



## THE GLORIOUS MYSTERIES

Day:  
Wed & Sun

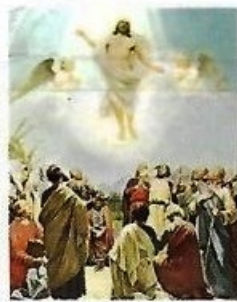


1. THE RESURRECTION

FRUIT OF THE MYSTERY:  
FAITH

He has risen, he is not here. Behold the place where they laid him.

Mark 16: 6



2. THE ASCENSION

FRUIT OF THE MYSTERY:  
HOPE

So then the Lord, after he had spoken to them, was taken up into heaven, and sits at the right hand of God.

Mark 16: 19



3. DESCENT OF THE HOLY SPIRIT

FRUIT OF THE MYSTERY:  
LOVE OF GOD

And they were all filled with the Holy Spirit and began to speak in foreign tongues. Even as the Holy Spirit prompted them to speak.

Acts 2: 4



4. THE ASSUMPTION

FRUIT OF THE MYSTERY:  
GRACE OF A HAPPY DEATH

And a great sign appeared in heaven, a woman clothed with the sun, and the moon was under her feet, and upon her head a crown of twelve stars.

Apocalypse 12: 1



5. THE CORONATION

FRUIT OF THE MYSTERY:  
TRUST IN MARY'S INTERCESSION

Thou art the glory of Jerusalem, the honour of our people... the hand of the Lord has strengthen thee, and therefore thou shall be blessed forever...

Judith 15: 9-11

## THE LUMINOUS MYSTERIES

Day:  
Thursday



1. CHRIST'S BAPTISM IN THE JORDAN

FRUIT OF THE MYSTERY:  
OPENNESS TO THE HOLY SPIRIT

The Spirit descended like a dove on him. And a voice came from heaven, "You are my Son, the Beloved; and with you I am well pleased."

Mark 1: 10

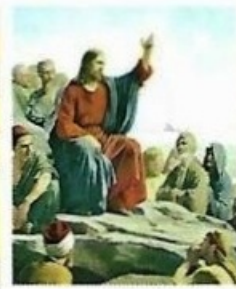


2. CHRIST'S SELF REVELATION AT THE MARRIAGE OF CANA

FRUIT OF THE MYSTERY:  
TO JESUS THROUGH MARY

Jesus changed water into wine, the first of his signs, and revealed his glory; and his disciples believed in him.

John 2: 11



3. CHRIST'S PROCLAMATION OF THE KINGDOM OF GOD WITH HIS CALL TO CONVERSION

FRUIT OF THE MYSTERY:  
REPENTANCE AND TRUST IN GOD

"The time is fulfilled, and the kingdom of God has come near; repent and believe in the good news."

Mark 1: 15



4. CHRIST'S TRANSFIGURATION

FRUIT OF THE MYSTERY:  
DESIRE FOR HOLINESS

And he was transfigured before them, and his face shone like the sun, and his clothes became dazzling white.

Matthew 17: 2



5. CHRIST'S INSTITUTION OF THE EUCHARIST

FRUIT OF THE MYSTERY:  
ADORATION

He took bread, gave thanks, broke it and gave it to them, saying, "This is my body, which is given for you. Do this in remembrance of me."

Luke 22: 19



### **ABOUT THE ROSARY**

The Rosary is the story of the New Testament. Through the beads we follow the life of Mary and Jesus. We follow Mary from the day the Archangel Gabriel came to ask her to become the Mother of Christ, to the day She was crowned Queen of Heaven.

We follow Jesus from the moment the Holy Spirit came down on Mary, through His childhood, His cruel death on the cross, the joy of Easter when He rose from the dead, to the day He ascended to Heaven in glory. What a story! And it is all true.

Mary waits for your prayers. If you speak to Her She always listens. She is our Mother.

When you pray the Rosary, begin by telling Mary what you would like Her to use your prayers for – and think about the stories that are hidden in the beads.

The Rosary is such a tremendously powerful weapon against Satan, that armed with the Rosary in our hearts, and the beads in our hands, we can even stop wars. If we only knew how powerful this prayer is – we would never want to put the beads down.

### **THE LUMINOUS MYSTERIES**

In October of 2002 Pope John Paul II added 'The Luminous Mysteries' to the Holy Rosary, calling us to pray the Rosary daily; for our families and for world peace.