

**'I ate no desirable bread,  
and neither flesh, nor wine  
entered into my mouth'**

**Daniel 10:3**



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# Daniel 10

## 1-21

**1** In the third year of Cyrus, king of the Persians, a word was revealed to Daniel, surnamed Baltassar, and a true word, and great strength: and he understood the word: for there is need of understanding in a vision.

**2** In those days I Daniel mourned the days of 3 weeks.

**3** I ate no desirable bread, and neither flesh, nor wine entered into my mouth, neither was I anointed with ointment: till the days of 3 weeks were accomplished.

**4** And in the 24th day of the first month I was by the great river which is the Tigris.

**5** And I lifted up my eyes, and I saw: and behold a man clothed in linen, and his loins were girded with the finest gold:

**6** And his body was like chrysolite, and his face as the appearance of lightning, and his eyes as a burning lamp: and his arms, and all downward even to the feet, like in appearance to polished brass: and the voice of his words like the voice of a multitude.

**7** And I Daniel alone saw the vision: for the men that were with me saw it not: but an exceeding great trembling came upon them, and they fled away, and hid themselves.

**8** And I being left alone saw this great vision: and there remained no strength in me, and the appearance of my countenance was changed in me, and I fainted away, and retained no strength.

**9** And I heard the voice of his words: and when I heard, I lay in a consternation, upon my face, and my face was close to the ground.

**10** And behold a hand touched me, and lifted me up upon my knees, and upon the joints of my hands.

**11** And he said to me: Daniel, you man of desires, understand the words that I speak to you, and stand upright: for I am sent now to you. And when he had said this word to me, I stood trembling.

**12** And he said to me: Fear not, Daniel: for from the first day that you did set your heart to understand, to afflict yourself in the sight of your God, your words have been heard: and I am come for your words.

**13** But the prince of the kingdom of the Persians resisted me twenty one days: and behold Michael, one of the chief princes, came to help me, and I remained there by the king of the Persians.

**14** But I am come to teach you what things shall befall your people in the latter days, for as yet the vision is for days.

**15** And when he was speaking such words to me, I cast down my countenance to the ground, and held my peace.

**16** And behold, as it were the likeness of a son of man touched my lips: then I opened my mouth, and spoke, and said to him that stood before me: O my Lord, at the sight of you my joints are loosed, and no strength has remained in me.

**17** And how can the servant of my lord speak with my lord? for no strength remains in me, moreover my breath is stopped.

## Daniel 10 & Daniel 12

18-21

1-13

**13** But go you your ways until the time appointed: and you shalt rest, and stand in your lot unto the end of the days.

**12** Blessed is he that waits and comes unto 1335 days

**11** And from the time when the continual sacrifice shall be taken away, and the abomination unto desolation shall be set up, there shall be 1290 days

**10** Many shall be chosen, and made white, and shall be tried as fire: and the wicked shall deal wickedly, and none of the wicked shall understand, but the learned shall understand.

**9** And he said: Go, Daniel, because the words are shut up, and sealed until the appointed time.

**8** And I heard, and understood not. And I said: O my lord, what shall be after these things?

**7** And I heard the man that was clothed in linen, that stood upon the waters of the river: when he had lifted up his right hand, and his left hand to heaven, and had sworn, by him that lives for ever, that it should be unto a time, and times, and half a time. And when the scattering of the band of the holy people shall be accomplished, all these things shall be finished.

**6** And I said to the man that was clothed in linen, that stood upon the waters of the river: How long shall it be to the end of these wonders?

**5** And I Daniel looked, and behold as it were two others stood: one on this side upon the bank of the river, and another on that side, on the other bank of the river.

**4** But you, O Daniel, shut up the words, and seal the book, even to the time appointed: many shall pass over, and knowledge shall be manifold.

**3** But they that are learned shall shine as the brightness of the firmament: and they that instruct many to justice, as stars for all eternity.

**2** And many of those that sleep in the dust of the earth, shall awake: some unto life everlasting, and others unto reproach, to see it always.

**1** But at that time shall Michael rise up, the great prince, who stands for the children of your people: and a time shall come such as never was from the time that nations began even until that time. And at that time shall your people be saved, every one that shall be found written in the book.

**21** But I will tell you what is set down in the scripture of truth: and none is my helper in all these things, but Michael your prince.

**20** And he said: Do you know wherefore I am come to you? and now I will return, to fight against the prince of the Persians. When I went forth, there appeared the prince of the Greeks coming.

**19** And he said: Fear not, O man of desires, peace be to you: take courage and be strong. And when he spoke to me, I grew strong: and I said: Speak, O my lord, for you have strengthened me.

**18** Therefore he that looked like a man touched me again, and strengthened me.